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The Three Building Blocks of a Helping Relationship

Source: Merriam Webster Online Dictionary

Empathy:

The action of understanding, being aware of, being sensitive to, and vicariously experiencing the feelings, thoughts, and experience of another of either the past or present without having the feelings, thoughts, and experience fully communicated in an objectively explicit manner; also; the capacity for this.

Genuineness: (noun usage of the adjective genuine)

1. Actually having the reputed or apparent qualities or character
2. Actually produced by or proceeding from the alleged source or author.
3. Sincerely and honestly felt or experienced, free from hypocrisy or pretense, authentic

Respect:

1. In relation or reference to a particular thing
2. An act of giving particular attention, i.e. consideration*
3. High or special regard, esteem

*continuous and careful thought, a matter weighed or taken into account when formulating an opinion or plan, a taking into account, thoughtful and sympathetic regard.