Family Focus Adoption Services
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Confidence Building Process

Six Steps

- Has own worker
- Repeat steps
- 1/2 steps
- Extra visits when needed
- Worker's phone number

Adoption Covenant Ceremony

- Taking responsibility for own adoption
- Protection

Continuity Worker

- "My boss thinks I'm doing a terrible job and wants to see **us**."

Community & Family Behavior

- Institution Behavior

You can't think about a new family without thinking about the old one…

- Recognizing the depth of the loss of birth family
- Moving aside birth family and making room in your heart for your new family

Everything is NOT fine…

- "Nobody ever loved me before, now what am I supposed to do?"
- "I never thought it would be this hard!"
- "I thought everything was going to be fine all the time!"
- Normalize the feelings

Mixed Feelings

- Feeling safe
- Courage
- Homesick
- Happy about new home
- Didn't expect to feel sad
- Excited about moving closer to being adopted
- Feeling guilty about birth siblings
- Doesn't fit in Trouble making friends

Boundaries

- Child worker doesn't talk to the maybe families
- Following House Rules

The Concept of Maybe

- Not "mom and dad"
- If